| GUIS 2021 Male PID 25341 | | |
|---|--|--|
| Select a data collection instrument to view | - select an instrument - 🕶 | Print page |
| participant info | | |
| Record ID | | |
| Year of birth ((format: YYYY, example: 1985)) | | |
| | | |
| | | |
| GUTS 2021 Male | | |
| Thank you for your continued participation in GUTS! | | |
| This questionnaire should take about 15 minutes to complete. It include and covers topics such as COVID- 19, pets, and dietary supplements. | s questions about your hea | lth and your lif |
| If you need to pause in the middle of the questionnaire, your answers www.gutslogin.org | rill be saved, and you can loફ | g in again at |
| | | |
| <u>Information for Research Participants</u> | | |
| compensation for participating. Your choice to participate in this study is completely voluntary, ar You may skip any question you do not wish to answer. The risk of breach of confidentiality associated with participation We have a Certificate of Confidentiality from the National Institute forced (for example by court order or subpoena) to disclose your information from the research in any federal, state or local civil, or proceedings. If you have questions about this study, please contact guts@chan If you have any questions regarding your rights as a research par Brigham Human Research Committee (857-282-1900). | in this study is very small. es of Health, which means v health information or other riminal, administrative, legis uning.harvard.edu. | ve cannot be r identifying slative, or other |
| By clicking "Next," you consent to participate in this research study. | | |
| What is your CURRENT living arrangement? (Select all that apply) | | |
| [] Alone | | |
| [] With spouse or partner | | |
| [] With minor children [] With other adult family | | |
| [] With other people | | |
| [] With pets | | |
| What is your current status? | | |
| [] Never married [] Married | | |
| [] Divorced | | |
| [] Separated | | |
| [] Widowed | | |
| [] Domestic partnership | | |
| What is the highest level of education you have completed? O Some high school | | |
| O High school graduate or the equivalent (such as a GED) | | |
| O Trade/vocational school certificate/diploma | | |
| O Some college | | |
| O Associate degree (2-year college) O Bachelor's degree (4-year college) | | |
| O Master's degree | | |

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O High school graduate or the equivalent (such as a GED)

What is the highest level of education completed by your current spouse/partner?

O Doctoral degree

O Some high school

| O Trade/vocational school certificate/diploma O Some college O Associate degree (2-year college) O Bachelor's degree (4-year college) O Master's degree O Doctoral degree Are you a biological, step/social, or adoptive father to a child 5 years of age or younger? |
|---|
| Do you consider yourself to be Hispanic or Latino/a? What race do you consider yourself to be? (Select all that apply) |
| [] American Indian or Alaska Native [] Asian [] Black or African American [] Middle Eastern or North African |
| [] Native Hawaiian or other Pacific Islander [] White [] Other Which one of the following best describes your feelings? |
| O Completely heterosexual (attracted to persons of the opposite sex) O Mostly heterosexual |
| O Bisexual (equally attracted to men and women) O Mostly homosexual O Completely homosexual (gay/lesbian, attracted to persons of the same sex) |
| O Not sure During your life, the person(s) with whom you have had sexual contact (however you define it) is (are): O I have not had sexual contact with anyone |
| O Female O Male O Female and Male |
| Employment |
| Please describe your CURRENT work status: (Select all that apply) |
| [] Working full time [] Working part time [] Student [] In the military [] Volunteering [] Staying at home with children/taking care of family [] On maternity or family leave from job [] Unemployed, laid off, furloughed or looking for work [] Not working due to illness or disability How long have you been out of work? |
| O Less than 1 week O 1-3 weeks O 1 month O 2-3 months O 4-5 months O 6-7 months O 8-9 months O 10-11 months |
| O 12+ months In the past 12 months, on average, how many hours per week did you work? |
| O None O 1-20 hours per week O 21-40 hours per week O 41-60 hours per week O 61+ hours per week In the past 12 months, what schedule did you usually work? (If you worked rotating or multiple schedules, please select all shifts you typically worked.) |
| [] Early morning shifts [] Day shifts [] Evening shifts [] Night shifts [] Rotating shifts, no night shifts [] Rotating shifts, with night shifts |

| [] Other/Didn't Work |
|---|
| In the <u>past month</u> , on average, how many hours per day were you on your feet (standing or walking) at work? |
| O 0 or less than 1 hour per day O 1-4 hours per day O 5-8 hours per day O 9+ hours per day In the past month, on average, how many times per day did you lift or move a physical load of 25 pounds or more at work? |
| O Nove |
| O None O Less than 1 time per day |
| O 1-5 times per day |
| O 6-15 times per day |
| O 16+ times per day |
| Comment |
| |
| |
| |
| |
| |

Height and Weight

What is your current weight in pounds?

Feet: {feet}

Inches: {inches}

Alcohol

In the past 12 months, how often did you drink any alcoholic beverage (including beer, hard seltzer, wine, and liquor)?

- O Never, I did not drink in the past 12 months
- O Less than monthly
- O Less than weekly
- O 1-2 times per week
- O 3-5 times per week
- O 6 or more times per week

In the past 12 months, when you drank alcohol, how much did you usually drink AT ONE TIME?

O 1 drink O 2 drinks O 3 drinks O 4 drinks O 5 drinks O 6+ drinks In the past 12 months, how many times did you drink 5 or more alcoholic drinks OVER A FEW HOURS? O Never in the past 12 months O 1 time O 2 times O 3-5 times O 6-8 times O 9-11 times O 12-15 times (about once a month) O 16-24 times (about twice a month) O 25-36 times (about three times a month)

E-cigarettes

Have you ever used an electronic cigarette (e-cigarette/vaping/Juul) in your lifetime?

How old were you when you first used an e-cigarette?

O 37 or more times (more than three times a month)

```
O 9 or younger
O 10
0 11
O 12
0 13
0 14
O 15
O 16
0 17
O 18
O 19
O 20
O 21
O 22
0 23
0 24
O 25
O 26
O 27
O 28
O 29
O 30
0 31
O 32
O 33
O 34
0 35
O 36
O 37
O 38
O 39
O 40
O 41
O 42
0 43
O 44
O 45
O 46
0 47
O 48
0 49
O 50
O 51 or older
```

When you used your first e-cigarette:

O I was a current smoker of tobacco cigarettes and had no plans to quit. O I was a current smoker of tobacco cigarettes and was planning to quit.

O I had never smoked tobacco cigarettes.

| /202 I | GU15 2021 Male REDU |
|--|-----------------------|
| O I was a current smoker of tobacco cigarettes and was planning O I had stopped smoking tobacco cigarettes. | to reduce smoking. |
| In the <u>past 12 months</u> , on average, how often did you use e-cigarettes? | |
| O Never O Less than 1 time per month O 2-3 times per month O 1-2 times per week O 3-6 times per week O 1-4 times per day O 5-14 times per day O 15-24 times per day O 25-34 times per day O 35-44 times per day O More than 45 times per day | |
| Tobacco | |
| Have you smoked 20 cigarettes (about 1 pack) or more in your lifetime? | |
| O No O Yes, currently smoke O Yes, smoked in the past but quit In the <u>past 12 months</u> , how often did you smoke cigarettes? | |
| O Never in the past 12 months O Less than once a month O Monthly, but not weekly O Weekly, but not daily O Daily In the past 12 months, when you smoked, how many cigarettes did | you smoke in ONE DAY? |
| 01 | |
| 0 2-5 | |
| O 6-10 | |
| 0 11-20 | |
| O 21 or more How old were you when you had your FIRST cigarette? | |
| O 9 or younger | |
| O 10 | |
| 011 | |
| O 12 O 13 | |
| O 13 | |
| 0 15 | |
| O 16 | |
| 0 17 | |
| 0 18 | |
| O 19 O 20 | |
| 0 21 | |
| O 22 | |
| 0 23 | |
| O 24 O 25 | |
| 0 26 | |
| 0 27 | |
| O 28 | |
| 0 29 | |
| O 30 O 31 | |
| 0 32 | |
| 0 33 | |
| O 34 | |
| 0 35 | |
| O 36 O 37 | |
| O 37 | |
| | |

O 39 O 40 O 42

O 43

O 44

O 45

O 46

O 47

O 48

0 49

O 50

O 51 or older

How old were you when you smoked your LAST cigarette?

O 9 or younger

O 10

0 11

O 12

O 13

0 14

O 15

O 16

O 17

O 18

O 19

O 20

O 21

O 22

0 23

O 24 O 25

O 26

O 27

O 28

0 29 O 30

O 31

0 32

O 33

0 34 O 35

O 36

O 37

O 38

O 39

O 40

O 41 O 42

O 43

O 44

0 45

O 46 O 47

O 48

O 49

O 50

O 51 or older

Marijuana (THC & CBD)

In the past 12 months, how often have you used marijuana or other products containing THC (smoking/vaping/edibles etc.)?

O Never in the past 12 months

O Once a month or less

O 2-3 times a month

O 1-2 times a week O 3-5 times a week

O Daily

O More than once per day

In the past 12 months, what products containing THC did you use?

[] Smoking

[] Vaping

[] Edibles

| [] Tinctures |
|---|
| [] Other |
| Which other products containing THC did you use? |
| In the past 12 months, how often did you use CBD products (vaping/creams/edibles etc.)? |
| O Never in the past 12 months |
| O Once a month or less |
| O 2-3 times a month |
| O 1-2 times a week |
| O 3-5 times a week |
| O Daily |
| O More than once per day |
| In the past 12 months, what CBD products did you use? |
| [] Smoking |
| [] Vaping |
| [] Edibles |
| [] Tinctures |
| [] Other |
| Which other CBD products did you use? |

Blood Pressure

```
O Unknown/Not checked within 2 yrs
     O < 105 mmHg
     O 105-109 mmHg
     O 110-114 mmHg
     O 115-119 mmHg
     O 120-124 mmHg
     O 125-129 mmHg
     O 130-134 mmHg
     O 135-139 mmHg
     O 140-144 mmHg
     O 145-149 mmHg
     O 150-154 mmHg
     O 155-159 mmHg
     O 160-164 mmHg
     O 165-169 mmHg
     O 170-174 mmHg
     O 175+ mmHg
     O Unknown/Not checked within 2 yrs
     O < 65 mmHg
     O 65-69 mmHg
     O 70-74 mmHg
     O 75-79 mmHg
     O 80-84 mmHg
     O 85-89 mmHg
     O 90-94 mmHg
     O 95-99 mmHg
     O 100-104 mmHg
     O 105+ mmHg
What is your current usual blood pressure (most recent/within 2 years)?
If you are using blood pressure lowering medication, please provide your current blood pressure on medication.
Systolic: {systolic}
Diastolic: {diastolic}
Are you currently using blood pressure lowering medication?
What was your most recent blood pressure prior to using medication?
Systolic:
     O Unknown/Not checked within 2 yrs
     O < 105 mmHg
     O 105-109 mmHg
     O 110-114 mmHg
     O 115-119 mmHg
     O 120-124 mmHg
     O 125-129 mmHg
     O 130-134 mmHg
     O 135-139 mmHg
     O 140-144 mmHg
```

```
O 145-149 mmHg
      O 150-154 mmHg
      O 155-159 mmHg
      O 160-164 mmHg
      O 165-169 mmHg
      O 170-174 mmHg
      O 175+ mmHg
      O Unknown/Not checked within 2 yrs
      O < 65 mmHg
      O 65-69 mmHg
      O 70-74 mmHg
      O 75-79 mmHg
      O 80-84 mmHg
      O 85-89 mmHg
      O 90-94 mmHg
      O 95-99 mmHg
      O 100-104 mmHg
      O 105+ mmHg
What was your most recent blood pressure prior to using medication?
Systolic: {systolic_2}
Diastolic: {diastolic_2}
Diagnoses & Procedures
Please select the clinician diagnoses or procedures you have had.
ARTHRITIS, ALLERGIC & AUTOIMMUNE
{illallergy}
      [ ] Osteoarthritis
      [ ] Rheumatoid arthritis
      [ ] SLE (systemic lupus)
      [ ] Spondyloarthritis (ankylosing spondylitis)
      [ ] Raynaud's
      [ ] Food allergies
      [ ] Rhinitis (hay fever)
      [ ] Other arthritis, allergic, or autoimmune
CANCER & BENIGN TUMORS
{illcancer}
      [ ] Basal cell carcinoma (skin)
      [ ] Squamous cell carcinoma (skin)
      [ ] Melanoma (skin)
      [ ] Breast cancer
      [ ] Fibrocystic or other benign breast disease
      [ ] Cervical cancer
      [ ] Colorectal cancer
      [ ] Colon or rectal polyps (benign)
      [ ] Ovarian cancer
      [ ] Pituitary adenoma
      [ ] Prostate cancer
      [ ] Testicular cancer
      [ ] Other cancer (please report type on next page)
CARDIOVASCULAR & PULMONARY
{illcardio}
      [ ] Angina pectoris
      [ ] Asthma
      [ ] COPD (chronic obstructive pulmonary disease)
      [ ] Coronary bypass, angioplasty, or stent
      [ ] Deep vein thrombosis
      [ ] Elevated cholesterol
      [ ] Hypertension (high blood pressure)
      [ ] Myocardial infarction (heart attack)
      [ ] Pulmonary embolism
      [ ] Stroke (CVA)
      [ ] Transient ischemic attack (TIA)
List continues on next page.
```

| DIABETES & ENDOCRINE {illmetaendo} |
|---|
| [] Diabetes (Type I) [] Diabetes (Type II) [] Impaired glucose tolerance [] Graves' disease/hyperthyroidism [] Hypothyroidism GASTROINTESTINAL CONDITIONS {illgastro} |
| [] Barrett's esophagus [] Gallstones [] GERD (gastroesophageal reflux disease) [] Inflammatory bowel disease (ulcerative colitis or Crohn's disease) GASTROINTESTINAL PROCEDURES {gastroproc} |
| [] Appendectomy [] Cholecystectomy [] Gastric bypass [] Other weight loss surgery (gastric banding, lap-band, gastric sleeve OBSTETRICAL & GYNECOLOGICAL CONDITIONS {illgyn} |
| [] Endometriosis [] Gestational diabetes [] Gestational hypertension [] PCOS (polycystic ovarian syndrome) [] Preeclampsia [] Uterine fibroids OBSTETRICAL & GYNECOLOGICAL PROCEDURES {illgynproc} |
| [] C-section (Cesarean section) [] Endometrial ablation [] Hysterectomy (removal of uterus) [] Oophorectomy (removal of ovaries) [] Tubal ligation LIVER {liver} |
| [] Fatty liver [] Hepatitis (type B or C) [] Liver cirrhosis List continues on next page. |
| MENTAL HEALTH {mentalill} |
| [] Anxiety (generalized anxiety disorder (GAD)) [] Anorexia nervosa [] Bipolar disorder [] Binge eating disorder [] Bulimia nervosa [] Other eating disorder [] Depression [] OCD (obsessive-compulsive disorder) [] Panic disorder [] PTSD (Post-traumatic stress disorder) [] Schizophrenia [] Scoial anxiety disorder [] Substance use disorder, alcohol [] Substance use disorder, drugs MUSCULOSKELETAL |
| {muscoill} [] Gout |

| [] Hip fracture [] Vertebral fracture [] Wrist or Colles fracture [] Any joint surgery (shoulder, hip, knee, ankle, etc.) NEUROLOGICAL {neurolist} |
|--|
| [] ADHD (attention deficit/hyperactivity disorder) [] Autism spectrum disorder (including Asperger's) [] Migraine headaches [] Multiple sclerosis [] Peripheral neuropathy [] Seizure (1 or more)/Epilepsy |
| {skinlist} |
| [] Alopecia areata [] Atypical nevi (mole) [] Eczema (atopic dermatitis) [] Hidradenitis suppurativa [] Psoriasis [] Rosacea [] Shingles [] Vitiligo OTHER {otherlist} |
| [] Hernia (inguinal or abdominal) [] Kidney stones [] Mononucleosis [] Sleep apnea [] Tonsillectomy [] Prostatectomy [] Vasectomy [] STI (such as chlamydia, genital herpes, gonorrhea, genital warts, pubic lice, syphilis, HIV or AIDS) [] Other major illness or surgery |

DIAGNOSIS CONFIRMATION

For each item you checked on the previous page, please indicate the time frame of your first diagnosis or procedure.

When were you first diagnosed with: Osteoarthritis

- O Within last 6 months
- O 6-12 months ago
- O 1-2 years ago
- O 3-4 years ago
- O 5 or more years ago
- O Did not have

When were you first diagnosed with: Rheumatoid arthritis

- O Within last 6 months
- O 6-12 months ago
- O 1-2 years ago
- O 3-4 years ago
- O 5 or more years ago
- O Did not have

When were you first diagnosed with: SLE (systemic lupus)

- O Within last 6 months
- O 6-12 months ago
- O 1-2 years ago
- O 3-4 years ago
- O 5 or more years ago
- O Did not have

When were you first diagnosed with: Spondyloarthritis (ankylosing spondylitis)

- O Within last 6 months
- O 6-12 months ago
- O 1-2 years ago
- O 3-4 years ago
- O 5 or more years ago
- O Did not have

When were you first diagnosed with: Raynaud's

| | O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago |
|---------|--|
| When | O Did not have were you first diagnosed with: Food allergies O Within last 6 months |
| | O 6-12 months ago |
| | O 1-2 years ago O 3-4 years ago |
| | O 5 or more years ago |
| | O Did not have |
| | Which of the following foods are you allergic to? |
| | [] Milk [] Eggs |
| | [] Wheat |
| | [] Sesame |
| | [] Tree nuts |
| | [] Peanuts [] Soy |
| | [] Fish |
| | [] Shellfish |
| When | [] Other were you first diagnosed with: Rhinitis (hay fever) |
| vviicii | O Within last 6 months |
| | O 6-12 months ago |
| | O 1-2 years ago |
| | O 3-4 years ago O 5 or more years ago |
| | O Did not have |
| When | were you first diagnosed with: Other arthritis, allergic, or autoimmune |
| | O Within last 6 months |
| | O 6-12 months ago O 1-2 years ago |
| | O 3-4 years ago |
| | O 5 or more years ago |
| Whan | O Did not have were you first diagnosed with: Basal cell carcinoma (skin) |
| vviicii | were you mist diagnosed with. Busin centeriorna (skin) |
| | O Within last 6 months |
| | O 6-12 months ago |
| | O 1-2 years ago O 3-4 years ago |
| | O 5 or more years ago |
| | O Did not have |
| When | were you first diagnosed with: Squamous cell carcinoma (skin) |
| | O Within last 6 months O 6-12 months ago |
| | O 1-2 years ago |
| | O 3-4 years ago |
| | O 5 or more years ago O Did not have |
| When | were you first diagnosed with: Melanoma (skin) |
| | O Within last 6 months |
| | O 6-12 months ago |
| | O 1-2 years ago |
| | O 3-4 years ago O 5 or more years ago |
| | O Did not have |
| When | were you first diagnosed with: Breast cancer |
| | O Within last 6 months |
| | O 6-12 months ago |
| | O 1-2 years ago O 3-4 years ago |
| | O 5 or more years ago |
| | O Did not have |

| When were you first diagnosed with: Fibrocystic or other benign breast disease |
|--|
| O Within last 6 months |
| O 6-12 months ago |
| O 1-2 years ago |
| O 3-4 years ago O 5 or more years ago |
| O Did not have |
| Was your fibrocystic or other benign breast disease confirmed by breast biopsy or aspiration? |
| that your introduction outlier being, an east around committee by a case property of aspiration. |
| [] Biopsy |
| [] Aspiration |
| [] Neither |
| When were you first diagnosed with: Cervical cancer |
| O Within last 6 months |
| O 6-12 months ago |
| O 1-2 years ago O 3-4 years ago |
| O 5 or more years ago |
| O Did not have |
| Was your cervical cancer in situ or invasive? |
| |
| O In situ |
| O Invasive |
| O Not sure |
| When were you first diagnosed with: Colorectal cancer |
| O Within last 6 months |
| O 6-12 months ago |
| O 1-2 years ago |
| O 3-4 years ago |
| O 5 or more years ago |
| O Did not have |
| When were you first diagnosed with: Colon or rectal polyps (benign) |
| O Within last 6 months |
| O 6-12 months ago |
| O 1-2 years ago |
| O 3-4 years ago |
| O 5 or more years ago O Did not have |
| When were you first diagnosed with: Ovarian cancer |
| O Within last 6 months |
| O 6-12 months ago |
| O 1-2 years ago |
| O 3-4 years ago |
| O 5 or more years ago |
| O Did not have |
| When were you first diagnosed with: Pituitary adenoma |
| O Within last 6 months |
| O 6-12 months ago O 1-2 years ago |
| O 3-4 years ago |
| O 5 or more years ago |
| O Did not have |
| When were you first diagnosed with: Prostate cancer |
| O Within last 6 months |
| O 6-12 months ago |
| O 1-2 years ago |
| O 3-4 years ago |
| O 5 or more years ago O Did not have |
| When were you first diagnosed with: Testicular cancer |
| O Within last 6 months |
| O 6-12 months ago |
| O 1-2 years ago |
| O 3-4 years ago |
| O 5 or more years ago |
| O Did not have |
| What other type of cancer did you have? |
| If you had more than one type of cancer on this list, please choose the one you had first. |
| |
| O Abdomen |

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O Adenocarcinoma

- O Adrenal
- O Appendix
- O Bile Duct-Gallbladder
- O Bladder
- O Bone
- O Brain
- O Bronchus
- O Chorion Epithelioma
- O Chronic Lymphocytic Leukemia
- O Connective Tissue
- O Dermatofibrosarcoma
- O Digestive organs
- O Duodenum
- O Endometrial
- O Endocrine gland
- O Esophagus
- O Eye Cancer/Eye Melanoma
- O Fallopian Tube
- O Floor of mouth
- O Gallbladder
- O Genital
- O Gum
- O Hodgkin's Disease
- O Hydatidiform Mole
- O Hypopharynx
- O Intrahepatic Bile Duct
- O Kidney-Wilms' Tumor
- O Large Intestine
- O Larynx
- O Leiomyosarcoma
- O Leukemia
- O Leukemia, lymphatic
- O Leukemia, monocytic
- O Leukemia, myeloid
- O Lip
- O Liver
- O Lung
- O Lymph Nodes, secondary cancer
- O Lymphatic Leukemia
- O Lymphoid, other
- O Lymphoma
- O Lymphosarcoma
- O Melanoma of the eye
- O Meningioma
- O Merkel Cell
- O Middle Ear
- O Monocytic Leukemia
- O Mouth
- O Multiple Myeloma
- O Mycosis Fungoides
- O Myelofibrosis
- O Myeloid Leukemia
- O Myeloproliferative Disease
- O Nasal Cavities
- O Nasopharynx
- O Nerves
- O Non-Hodgkin's Lymphoma
- O Nose Cancer, NOT skin cancer of nose
- O Oropharynx
- O Ovary
- O Pancreas
- O Parotid Gland
- O Pelvis
- O Peritoneum
- O Pharynx
- O Pleura
- O Polycythemia Vera
- O Rectosigmoid Junction
- O Respiratory
- O Salivary Gland
- O Secondary Cancer, other
- O Secondary Neoplasm, lymph nodes

O Secondary Neoplasm, respiratory & digestive O Sinuses O Site Unspecified O Small Bowel O Small Intestine O Spine O Stomach O Throat O Thymus Gland O Thyroid O Tongue O Tonsils O Trachea O Ureter O Uterus O Vagina O Vocal Cord O Vulva O Waldenstrom's Macroglobulinemia O Wilms' Tumor (kidney) O Other When were you first diagnosed with: [othercancer_type] O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Angina pectoris O Yes, within last 6 months O Yes, 6-12 months ago O Yes, 1-2 years ago O Yes, 3-4 years ago O Yes, 5 or more years ago O No, did not have Was your angina confirmed by angiography? When were you first diagnosed with: Asthma O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: COPD (chronic obstructive pulmonary disease) O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Coronary bypass, angioplasty, or stent O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Deep vein thrombosis O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Elevated cholesterol O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have

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When were you first diagnosed with: Hypertension (high blood pressure)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Myocardial infarction (heart attack)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
      Were you hospitalized for MI?
When were you first diagnosed with: Pulmonary embolism
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Stroke (CVA)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Transient ischemic attack (TIA)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Diabetes (Type I)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Diabetes (Type II)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Impaired glucose tolerance
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Graves' Disease/hyperthyroidism
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Hypothyroidism
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
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```
When were you first diagnosed with: Barrett's esophagus
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Gallstones
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
      Did you have symptoms of gallstones?
      How were you diagnosed with gallstones?
      [ ] X-ray or ultrasound
      [ ] Other
When were you first diagnosed with: GERD (gastroesophageal reflux disease)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Inflammatory bowel disease (ulcerative colitis or Crohn's disease)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When did you first have: Appendectomy
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When did you first have: Cholecystectomy
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When did you first have: Gastric bypass
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When did you first have: Other weight loss surgery (gastric banding, lap-band, gastric sleeve)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Endometriosis
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
      Was your endometriosis confirmed by laparoscopy?
```

```
When were you first diagnosed with: Gestational diabetes
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Gestational hypertension
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: PCOS (polycystic ovarian syndrome)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Preeclampsia
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Uterine fibroids
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
      Were your uterine fibroids confirmed by ultrasound or hysterectomy?
When did you first have: C-section (Cesarean section)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When did you first have: Endometrial ablation
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When did you first have: Hysterectomy
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When did you first have: Oopherectomy
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
      How many ovaries do you have remaining?
      01
When did you first have: Tubal ligation
```

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O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Fatty liver O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have Was your fatty liver confirmed by liver biopsy? When were you first diagnosed with: Hepatitis (type B or C) O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Liver cirrhosis O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Anxiety O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Anorexia nervosa O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Bipolar disorder O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Binge eating disorder O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Bulimia nervosa O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Other eating disorder O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago

O Did not have

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When were you first diagnosed with: Depression
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: OCD (obsessive-compulsive disorder)
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Panic disorder
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: PTSD
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Schizophrenia
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Social anxiety disorder
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Substance use disorder, alcohol
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Substance use disorder, drugs
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Gout
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Hip fracture
      O Within last 6 months
      O 6-12 months ago
      O 1-2 years ago
      O 3-4 years ago
      O 5 or more years ago
      O Did not have
When were you first diagnosed with: Vertebral fracture
```

O Within last 6 months

O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Wrist or Colles fracture O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When did you first have: Any joint surgery (shoulder, hip, knee, ankle, etc.) O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: ADHD O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Autism spectrum disorder (including Asperger's) O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Migraine headaches O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Multiple sclerosis O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Peripheral neuropathy O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Seizure (1 or more)/Epilepsy O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Alopecia areata O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Atypical nevi (mole)

O Within last 6 months

O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Eczema (atopic dermatitis) O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Hidradenitis suppurativa O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Psoriasis O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Rosacea O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Shingles O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Vitiligo O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When did you first have: Hernia (inguinal or abdominal) O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Kidney stones O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Mononucleosis O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with: Sleep apnea O Within last 6 months O 6-12 months ago

O 1-2 years ago

O 3-4 years ago O 5 or more years ago O Did not have When did you first have: Tonsillectomy O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When did you first have: Prostatectomy O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When did you first have: Vasectomy O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have When were you first diagnosed with STI (such as chlamydia, genital herpes, gonorrhea, genital warts, pubic lice, syphilis, HIV or AIDS)? O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have Please enter the type and date of up to 3 other major illnesses or surgeries you had. 1: Other major illness or surgery Date of other illness 1: [illness1_describe] O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have {illness1_describe} Date of diagnosis or surgery {illness1_dx} 2: Other major illness or surgery ___ Date of [illness2_describe] O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have {illness2_describe} Date of diagnosis or surgery {illness2_dx} 3: Other major illness or surgery _ Date of [illness3_describe] O Within last 6 months O 6-12 months ago O 1-2 years ago O 3-4 years ago O 5 or more years ago O Did not have {illness3_describe} Date of diagnosis or surgery {illness3_dx}

COVID-19

| Was this confirmed by a positive test (antibody or infection)? When you had COVID-19, did you have the following symptoms? [] Persistent cough [] Shortness of breath or difficulty breathing [] Fever [] Sore throat [] Muscle aches [] Vorniting or distribea [] Uoss of taste [] Loss of smell [] Fatigue [] Other symptoms [] I did not have symptoms How long did you have COVID-19 symptoms? O Less than one week O 1 to 4 weeks O 1-2 months O 2-3 months O 2-3 months O 2-3 months O 2-3 months O 1-2 months O 1-2 months O 1-2 months O 1-2 months O 2-3 months O 2-3 months O 2-3 months O 3-4 months or longer Were you hospitalized because of COVID-19? Please indicate all treatments you received during your hospitalization: [] Intravenous fluids [] Oxygen through nasal (nose) prongs or facial mask, but not requiring a ventilator [] Admission to the ICU (intensive care unit) [] Invasive ventilation or ventilator (Breathing support through an inserted tube, People are usually asleep for this procedure,) [] Other [] None of the above Have you received a COVID-19 vaccine? O Yes O No O Unsure, in clinical trial Do you plan to receive a COVID-19 vaccine? O Yes O No O Unsure Comment Medications Please mark any medications that you are currently taking at least once per week, regardless of the reason you are taking them. Acctaminophene (such as Tylenol, Anacin 3, Excedrin Free) How many tays per week do you take acetaminophen? O 1 day O 2-2 days O 4-5 days O 4-6 days | Have you ever had a COVID-19 infection (presumed or confirmed)? |
|--|--|
| [] Persistent cough [] Shortness of breath or difficulty breathing [] Pever [] Sore throat [] Muscle aches [] Womiting or distribute [] Loss of saste [] I Vomiting or distribute [] I Loss of samell [] Fatigue [] Tother symptoms [] I did not have symptoms [] O Less than one week [O 1 to 4 weeks [O 1-2 months [O 2-3 months [O 2-3 months [O 4 months or longer [Were you hospitalized because of COVID-19? [Please indicate all treatments you received during your hospitalization: [] Intravenous fluids [] Oxygen through nasal (nose) prongs or facial mask, but not requiring a ventilator [] Admission to the ICU (intensive care unit) [] Intravenous fluids [] None of the above [Average of this procedure.] [] Other [] None of the above [Have you received a COVID-19 vaccine? O Yes O No O Unsure, in clinical trial Do you plan to receive a COVID-19 vaccine? O Yes O No O Unsure Comment Medications Please mark any medications that you are currently taking at least <u>once per week</u> , regardless of the reason you are taking them. Acetaminophen (such as Tyleno), Anacin 3, Excedrin Free) How many <u>days, per week</u> do you take acetaminophen? O 1 day O 2.3 days O 4.5 days O 6+ days | Was this confirmed by a positive test (antibody or infection)? |
| [] Shortness of breath or difficulty breathing [] Fever [] Sore throat [] Muscle aches [] Womiting or diarrhea [] Loss of taste [] Vomitting or diarrhea [] Loss of size [] Ioss of the above [] | When you had COVID-19, did you have the following symptoms? |
| O 1 to 4 weeks O 1-2 months O 2-3 months O 4 months or longer Were you hospitalized because of COVID-19? Please indicate all treatments you received during your hospitalization: [] Intravenous fluids [] Oxygen through nasal (nose) prongs or facial mask, but not requiring a ventilator [] Admission to the ICU (intensive care unit) [] Invasive ventilation or ventilator (Breathing support through an inserted tube. People are usually asleep for this procedure.) [] Other [] None of the above Have you received a COVID-19 vaccine? O Yes O No O Unsure, in clinical trial Do you plan to receive a COVID-19 vaccine? O Yes O No O Unsure Comment Medications Please mark any medications that you are currently taking at least once per week, regardless of the reason you are taking them. Acetaminophen (such as Tylenol, Anacin 3, Excedrin Free) How many days per week do you take acetaminophen? O 1 day O 2-3 days O 4-5 days O 6-6 days | [] Shortness of breath or difficulty breathing [] Fever [] Sore throat [] Muscle aches [] Vomiting or diarrhea [] Loss of taste [] Loss of smell [] Fatigue [] Other symptoms [] I did not have symptoms |
| [] Intravenous fluids [] Oxygen through nasal (nose) prongs or facial mask, but not requiring a ventilator [] Admission to the ICU (intensive care unit) [] Invasive ventilation or ventilator (Breathing support through an inserted tube. People are usually asleep for this procedure.) [] Other [] None of the above Have you received a COVID-19 vaccine? | O Less than one week O 1 to 4 weeks O 1-2 months O 2-3 months O 4 months or longer |
| [] Oxygen through nasal (nose) prongs or facial mask, but not requiring a ventilator [] Admission to the ICU (intensive care unit) [] Invasive ventilation or ventilator (Breathing support through an inserted tube. People are usually asleep for this procedure.) [] Other [] None of the above Have you received a COVID-19 vaccine? | Please indicate all treatments you received during your hospitalization: |
| Please mark any medications that you are currently taking at least <u>once per week</u> , regardless of the reason you are taking them. Acetaminophen (such as Tylenol, Anacin 3, Excedrin Free) How many <u>days per week</u> do you take acetaminophen? O 1 day O 2-3 days O 4-5 days O 6+ days | O Yes O No O Unsure, in clinical trial Do you plan to receive a COVID-19 vaccine? O Yes O No O Unsure, in clinical trial Do you plan to receive a COVID-19 vaccine? O Yes O No O Unsure, in clinical trial Do you plan to receive a COVID-19 vaccine? O Yes O No O Unsure, in clinical trial |
| Please mark any medications that you are currently taking at least <u>once per week</u> , regardless of the reason you are taking them. Acetaminophen (such as Tylenol, Anacin 3, Excedrin Free) How many <u>days per week</u> do you take acetaminophen? O 1 day O 2-3 days O 4-5 days O 6+ days | |
| Please mark any medications that you are currently taking at least <u>once per week</u> , regardless of the reason you are taking them. Acetaminophen (such as Tylenol, Anacin 3, Excedrin Free) How many <u>days per week</u> do you take acetaminophen? O 1 day O 2-3 days O 4-5 days O 6+ days | |
| taking them. Acetaminophen (such as Tylenol, Anacin 3, Excedrin Free) How many days per week do you take acetaminophen? O 1 day O 2-3 days O 4-5 days O 6+ days | |
| O 1 day O 2-3 days O 4-5 days O 6+ days | taking them. |
| O 2-3 days O 4-5 days O 6+ days | How many <u>days per week</u> do you take acetaminophen? |
| HOW HISTOLISHED DE WEEK OF SCHEIDINGONED ON WOLLTSVAY | O 2-3 days O 4-5 days O 6+ days |

O 1-2 tablets

| O 3-5 tablets O 6-14 tablets O 15+ tablets |
|---|
| Low dose aspirin (100 mg or less/tablet) |
| How many <u>days per week</u> do you take low dose aspirin (100 mg or less/tablet)? |
| O 1 day |
| O 2-3 days |
| O 4-5 days |
| O 6+ days |
| How many <u>tablets per week</u> of low dose aspirin (100 mg or less/tablet) do you take? |
| O 1-2 tablets O 3-5 tablets |
| O 6-14 tablets |
| O 15+ tablets |
| Aspirin or aspirin-containing products (325 mg or more/tablet) |
| How many <u>days per week</u> do you take aspirin or aspirin-containing products (325 mg or more/tablet)? |
| O 1 day |
| O 2-3 days |
| O 4-5 days O 6+ days |
| How many <u>tablets per week</u> of aspirin or aspirin-containing products (325 mg or more/tablet) do you take: |
| O 1-2 tablets |
| O 3-5 tablets |
| O 6-14 tablets |
| O 15+ tablets |
| Ibuprofen (such as Advil, Motrin, Nuprin) How many <u>days per week</u> do you take ibuprofen? |
| O 1 day |
| O 2-3 days |
| O 4-5 days |
| O 6+ days |
| How many <u>tablets per week</u> of ibuprofen do you take? |
| O 1-2 tablets |
| O 3-5 tablets |
| O 6-14 tablets |
| O 15+ tablets |
| COX-2 inhibitors (such as Celebrex) How many <u>days per week</u> do you take COX-2 inhibitors? |
| O 1 day |
| O 2-3 days |
| O 4-5 days |
| O 6+ days How many <u>tablets per week</u> of COX-2 inhibitors do you take? |
| O 1-2 tablets |
| O 3-5 tablets |
| O 6-14 tablets |
| O 15+ tablets Other anti-inflammatory analgesics (Aleve, Naprosyn, Relafen, Ketoprofen, Anaprox) |
| How many <u>days per week</u> do you take other anti-inflammatory analgesics? |
| O 1 day |
| O 1 day O 2-3 days |
| O 2-3 days O 4-5 days |
| O 6+ days |
| How many tablets per week of other anti-inflammatory analgesics do you take? |

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O 1-2 tablets

O 3-5 tablets O 6-14 tablets

O 15+ tablets

Medications

Are you currently taking any of the following medications?

| Beta-blocker (such as Inderal, Lopressor, Tenormin, Corgard) Calcium-blocker (such as Calan, Procardia, Cardizem, Norvasc) Thiazide diuretic (such as HCTZ, chlorthalidone, Moduretic, Dyazide, indapamide) Loop diuretic (such as furosemide, Lasix, torsemide, Bumex, ethacrynic acid) ACE-inhibitor (such as Capoten, Vasotec, Zestril) Angiotensin receptor blocker (such as valsartan, irbesartan, Entresto) Aldosterone receptor blocker (such as spironolactone, eplerenone) Other anti-hypertensive (such as terazosin, clonidine, doxazosin) Potassium |
|---|
| I am taking this/these medication(s) for: |
| [] High blood pressure [] Other Are you currently taking any of the following medications? |
| [] Mevacor (lovastatin) [] Zocor (simvastatin) [] Crestor (rosuvastatin) [] Pravachol (pravastatin) [] Lipitor (atorvastatin) [] Lescol (fluvastatin) [] Other cholesterol-lowering drug (such as niacin, Lopid (gemfibrozil), Tricor (fenofibrate), Questran |
| (cholestyramine), Colestin, Zetia) Are you currently taking any of the following medications? [] Insulin |
| [] Non-insulin injections for diabetes (such as Byetta, Victoza, Trulicity) [] Metformin [] Glyburide/Glipizide/Glimepiride [] Actos [] Jardiance (empagliflozin) [] Invokana (canagliflozin) [] Januvia (sitagliptin) [] Other oral diabetes medication (such as Precose (acarbose),Glyset (miglitol), Prandin (repaglinide)) |
| Medications |
| Are you currently taking any of the following medications at least once per week? |
| SSRIs (such as Celexa, Lexapro, Prozac, Paxil, Zoloft, sertraline, fluoxetine, citalopram, vortioxetine) SNRIs and NDRIs (such as Wellbutrin, Effexor, Remeron, Cymbalta, venlafaxine, bupropion, Pristiq) Tricyclics (such as Elavil, Tofranil, Pamelor, nortriptyline, amitriptyline, imipramine, clomipramine) MAOIs (such as Parnate, Nardil, phenelzine, tranylcypromine, Marplan) Other antidepressants (such as trazodone, buspirone, Desyrel, Serzone, milnacipran, vilazodone) Minor tranquilizers (such as Valium, alprazolam, lorazepam) I am taking this medication for: |
| [] Depression [] Anxiety [] Other |
| Are you currently taking any of the following medications at least <u>once per week?</u> |
| [] Steroids taken orally (such as Prednisone, Decadron, Medrol) [] Thyroid hormone (such as Synthroid, Levothroid) [] Triptans (such as Imitrex, Maxalt, Zomig, Amerge, Replax) [] Prilosec, Nexium, Prevacid (lansoprazole) or other proton pump inhibitors (PPI) [] H2 blocker (such as Pepcid, Tagamet, Zantac, Axid) [] Ambien, Sonata, Lunesta, or zolpidem [] Other prescription sleep medications (such as Trazodone, Rozerem) [] Over-the-counter sleep medications [] Prescription pain relievers (such as Percocet, hydrocodone, Codeine, Oxycontin) |

| /2021 | GUTS 2021 Male REDC |
|--------|--|
| | [] Prescription sedatives (such as methaqualone, pentobarbital, temazepam) [] Prescription stimulants (such as Adderall, Ritalin, Desoxyn, amphetamine) [] Other medication |
| Diet | tary Supplements |
| In the | past 12 months, how often did you use cleanse or "detox" supplements? O Never O Less than monthly O Monthly O Weekly O Daily |
| In the | past 12 months, how often did you use weight loss supplements? |
| In the | O Never O Less than monthly O Monthly O Weekly O Daily past 12 months, how often did you use sports-performance or muscle-building supplements? |
| | O Never O Less than monthly O Monthly O Weekly O Daily |
| In the | past 12 months, how often did you use energy-boosting supplements? O Never O Less than monthly O Monthly O Weekly O Daily |
| In the | past 12 months, how often did you use immune-boosting supplements? |
| | O Never O Less than monthly O Monthly |

- O Weekly
- O Daily

In the past 12 months, how often did you use creatine?

- O Never
- O Less than monthly
- O Monthly
- O Weekly
- O Daily

In the past 3 months, how much did you spend on the supplements listed above?

- O \$0
- O \$1-\$49
- O \$50-\$99
- O \$100-\$249
- O \$250-\$499 O \$500-\$749
- O \$750-\$999
- O \$1000 or more

In the past 12 months, how often did you use anabolic/injectable steroids?

- O Never
- O Less than monthly
- O Monthly
- O Weekly
- O Daily

Family History

The next questions ask about the health history of your family members. Please only include information about biological family members (not adopted or step-relatives).

| [] I do not have any knowledge of my biological family's | health history. |
|--|-----------------|
| las a parent or sibling ever been diagnosed with ovarian cance | r? |

- [] No
- [] Yes, a parent

| [] res, a sibiling | |
|---|--|
| [] Don't know | |
| Has a parent or sibling ever been diagnosed with breast cancer? | |
| [] No | |
| [] Yes, a parent | |
| [] Yes, a sibling | |
| [] Don't know | |
| Has your parent or sibling ever been diagnosed with diabetes? | |
| [] No | |
| [] Yes, a parent | |
| [] Yes, a sibling | |
| [] Don't know | |
| Has your parent or sibling ever been diagnosed with multiple sclerosis? | |
| [] No | |
| [] Yes, mother | |
| [] Yes, father | |
| [] Yes, a sibling | |
| [] Don't know | |
| | |

Sexual Health

How often have you experienced any of the following?

Difficulty achieving an erection

- O Almost never
- O Sometimes
- O Often
- O Almost always

Ejaculating too early

- O Almost never
- O Sometimes
- O Often
- O Almost always

Difficulty ejaculating

- O Almost never
- O Sometimes
- O Often
- O Almost always

Lack of interest in sex $% \left(1\right) =\left(1\right) \left(1\right) \left$

- O Almost never
- O Sometimes O Often
- O Almost always

Sexual Health

These questions ask about the effects that erection problems may have had on your sex life over the last 4 weeks.

The following definitions apply:

- "sexual activity" includes intercourse, caressing, foreplay & masturbation
- "sexual intercourse" is defined as sexual penetration of your partner
- "sexual stimulation" includes situations such as foreplay, erotic pictures etc.
- "ejaculation" is the ejection of semen from the penis (or the feeling of this)
- "orgasm" is the fulfilment or climax following sexual stimulation or intercourse

Over the past 4 weeks, how often were you able to get an erection during sexual activity?

- O No sexual activity
- O Almost never or never
- O A few times (less than half the time)
- O Sometimes (about half the time)
- O Most times (more than half the time)
- O Almost always or always

Over the past 4 weeks, when you had erections with sexual stimulation, how often were your erections hard enough for penetration?

- O No sexual activity
- O Almost never or never
- O A few times (less than half the time)
- O Sometimes (about half the time)
- O Most times (more than half the time)
- O Almost always or always

Over the past 4 weeks, how many times have you attempted sexual intercourse?

- O No attempts O One to two attempts O Three to four attempts O Five to six attempts O Seven to ten attempts O Eleven or more attempts Over the past 4 weeks, when you attempted intercourse, how often were you able to penetrate (enter) your partner? O Did not attempt intercourse O Almost never or never O A few times (less than half the time) O Sometimes (about half the time) O Most times (more than half the time) O Almost always or always Over the past 4 weeks, during sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner? O Did not attempt intercourse O Almost never or never O A few times (less than half the time) O Sometimes (about half the time) O Most times (more than half the time) O Almost always or always Over the past 4 weeks, during sexual intercourse, how difficult was it to maintain your erection to completion of intercourse? O Did not attempt intercourse O Extremely difficult O Very difficult O Difficult O Slightly difficult O Not difficult Over the past 4 weeks, when you attempted sexual intercourse, how often was it satisfactory for you? O Did not attempt intercourse O Almost never or never O A few times (less than half the time) O Sometimes (about half the time) O Most times (more than half the time) O Almost always or always Over the past 4 weeks, how much have you enjoyed sexual intercourse? O No intercourse O No enjoyment at all O Not very enjoyable O Fairly enjoyable O Highly enjoyable O Very highly enjoyable Over the past 4 weeks, when you had sexual stimulation or intercourse, how often did you ejaculate? O No sexual stimulation or intercourse O Almost never or never O A few times (less than half the time) O Sometimes (about half the time) O Most times (more than half the time) O Almost always or always Over the past 4 weeks, when you had sexual stimulation or intercourse, how often did you have the feeling of orgasm or climax? O No sexual stimulation or intercourse O Almost never or never O A few times (less than half the time) O Sometimes (about half the time) O Most times (more than half the time) O Almost always or always Over the past 4 weeks, how often have you felt sexual desire?
- https://redcap.partners.org/redcap/plugins/print_forms.php?pid=25341

O Almost never or never

O Almost always or always

O A few times (less than half the time)
O Sometimes (about half the time)
O Most times (more than half the time)

| Over the past 4 weeks, how would you rate your level of sexual desire? |
|---|
| O Very low or none at all |
| O Low |
| O Moderate |
| O High |
| O Very high Over the past 4 weeks how satisfied have you been with your everall say life? |
| Over the past 4 weeks, how satisfied have you been with your overall sex life? |
| O Very dissatisfied |
| O Moderately dissatisfied |
| O Equally satisfied & dissatisfied |
| O Moderately satisfied |
| O Very satisfied Over the past 4 weeks, how satisfied have you been with your sexual relationship with your partner? |
| O No partner |
| O Very dissatisfied |
| O Moderately dissatisfied |
| O Equally satisfied & dissatisfied |
| O Moderately satisfied |
| O Very satisfied Over the past 4 weeks, how do you rate your confidence that you could get and keep an erection? |
| O Very low |
| O Low |
| O Moderate |
| O High |
| O Very high |
| Contracenties |
| Contraception |
| |
| In the past 12 months, did you or your partner(s) use any of these methods of birth control for any reason? |
| [] None [] Male condom |
| [] Female condom |
| [] Withdrawal |
| [] Shots (such as Depo-Provera) |
| [] Implant (such as Nexplanon) |
| [] Female sterilization (such as tubal ligation) |
| [] Male sterilization (vasectomy) [] Rhythm |
| [] Fertility awareness-based methods (such as tracking menstrual period dates, body temp, cervical mucus) |
| [] Patch (such as Xulane) |
| [] Vaginal ring (such as NuvaRing) |
| [] Hormonal IUD (such as Mirena) |
| [] Non-hormonal IUD (such as Paragard) |
| [] Spermicide/Jelly/Sponge [] Diaphragm/Cervical cap |
| [] Emergency contraception (such as Plan B) |
| [] Other |
| Other Contraception: |
| |
| Within the past 2 years, have you and a female partner tried to become pregnant for 12 consecutive months |
| without becoming pregnant (even if she ultimately became pregnant)? |
| |
| Did you or your partner see a clinician to receive diagnosis or treatment for difficulty getting pregnant? |
| |
| Did the clinician find a reason why you and your partner had difficulty getting pregnant? |
| [] Tubal blockage or damage [] PCOS (polycystic ovary syndrome) |
| [] Other ovulatory disorder |
| [] Endometriosis |
| [] Mass or abnormality of the uterus, such as myoma, septate uterus |
| [] Male factor |
| [] Not found |
| [] Other Other reason you and your partner had difficulty getting pregnant: |
| |
| Did your partner undergo any medical treatments or procedures to help her get pregnant? |
| [] Medication to induce ovulation [such as clomiphene (Clomid), metformin (Glucophage), gonadotropin |
| injections (Pergonal, Metrodin, Follistim)] [] Intrauterine insemination (IUI) |
| [] account inscrimination (rot) |

| [] In vitro fertilization (IVF) [] Intracytoplasmic sperm injection (ICSI) [] Gamete intrafallopian transfer (GIFT) or zygote intrafallopian transfer (ZIFT) [] Sperm donation [] Egg or embryo donation [] Other |
|--|
| Pregnancy |
| Is your spouse or partner currently pregnant? O N/A - No current female spouse or partner O No O Yes O Unsure |
| Are you the biological father? |
| O Yes O No |
| O Unsure Has the pregnancy been confirmed by a positive pregnancy test? (include over-the-counter and/or clinic tests |
| O Yes O No O Unsure How many weeks has it been since the start of the pregnancy? |
| O Less than 8 weeks O 9-12 weeks O 13-19 weeks O 20-24 weeks O 25-29 weeks O 30-36 weeks O 37-39 weeks O 40-42 weeks O 42+ weeks |
| O Unsure Thinking back to when your partner got pregnant, which of the following best describes the timing of the pregnancy? O I wanted my partner to be pregnant at that time or sooner. O I was not actively trying to get my partner pregnant, but I was glad she become pregnant. O I wanted my partner to be pregnant in the next 1-2 years, but not yet. O I wanted my partner to be pregnant in 2+ years, but not yet. O I did not want my partner to be pregnant then or at any time Were you and your partner actively trying to become pregnant? |
| How many months did you and your partner actively try to get pregnant? O 1 month or less O 2 months O 3 months O 4 months O 5 months O 6 months O 7 months O 8 months O 9 months O 10 months O 11 months O 12 months O 12 months O 12 months O 13 years O 3 years or more |
| Are you and your spouse or partner actively trying to become pregnant, or do you think that she may become pregnant at some point within the next year? O No O Yes, we are actively trying |
| O Yes, my spouse or partner may become pregnant within the next year For how many months have you and your partner been actively trying to get pregnant? O 1 month or less O 2 months O 3 months O 4 months O 5 months O 6 months O 7 months |

| O 8 months | |
|---|----------------------------|
| O 9 months | |
| O 10 months | |
| O 11 months | |
| O 12 months | |
| O 1 to 2 years | |
| O 3 years or more | |
| How much time has gone by since you and your partner stopped using any cor O None, we have never used a contraceptive/birth control method. | ntraceptive/birth control? |
| O None, we are still using contraception/birth control. | |
| O 1 month or less | |
| O 2 months | |
| O 3 months | |
| O 4 months | |
| O 5 months | |
| O 6 months | |
| O 7 months | |
| O 8 months | |
| O 9 months | |
| O 10 months | |
| O 11 months | |
| O 12 months | |
| O 1 to 2 years | |
| O 3 years or more | 4l I2 |
| How often do you have sexual intercourse <u>without</u> using any contraceptive me | thod? |
| O Never, we always use contraception | |
| O Once per MONTH or less often | |
| O 2 to 3 times per MONTH | |
| O Once per WEEK | |
| O 2 to 3 times per WEEK | |
| O 4 to 6 times per WEEK O One or more times per DAY | |
| For how many months have you been having sexual intercourse without using | any contracentive method? |
| O None, we are using contraception | any contraceptive method: |
| O 1 month or less | |
| O 2 months | |
| O 3 months | |
| O 4 months | |
| O 5 months | |
| O 6 months | |
| O 7 months | |
| O 8 months | |
| O 9 months | |
| O 10 months | |
| O 11 months | |
| O 12 months | |
| O 1 to 2 years | |
| O 3 years or more | |
| The following questions are about your pregnant spouse/partner. | |
| The following questions are about your spouse/partner who may become preg | nant. |
| How old is she? | |
| O Don't know | |
| O 18 or younger | |
| 0 19 | |
| 0 20 | |
| 0 21 | |
| 0 22 | |
| 0 23 | |
| O 24 O 25 | |
| O 26 | |
| O 27 | |
| 0 28 | |
| O 29 | |
| 0 30 | |
| 0.31 | |
| 0 32 | |
| 0 33 | |
| 0 34 | |

O 35

O 36 O 37 O 38 O 39 O 40 O 41 O 42 0 43 O 44 O 45 O 46 O 47 O 48 0 49 O 50 O 51 O 52 O 53 O 54 O 55 O 56 O 57 O 58 O 59 O 60 O 61 0 62 O 63 0 64 O 65 or older 03 04 05 06 07 00 01 02 03 04 05 06 07 O 8 09 O 10 0 11 How tall do you think she is? Feet: {heightfeet} Inches: {heightinches} How much do you think she weighs? ___ Is she Hispanic or Latino/a? O No O Yes O Don't know Which race do you consider her to be? [] American Indian or Alaska Native [] Asian [] Black or African American [] Middle Eastern or North African [] Native Hawaiian or other Pacific Islander [] White [] Don't know

[] Other You are eligible to participate in our GUTS Parental Health Sub-study.

Participation involves completing a one time questionnaire about diet, activity, and other factors that may influence pregnancy health and outcomes.

Would you like to participate in this sub-study?

| completing a one-time questionnaire about diet, activity, and other factors that may influence pregnancy outcomes. |
|---|
| Would you like us to invite your spouse/partner to participate? If yes, we will ask for their name and email. |
| O Yes, please invite the biological mother. O No |
| |
| Please provide your pregnant spouse/partner's name and email. |
| First name: {motherfirst} Last name: {motherlast} Email: {motheremail} |
| Pets |
| Do you have any pets, service animals, or emotional support animals in your household? Which animals do you have in your household? |
| []Dog []Cat |
| [] Bird |
| [] Fish [] Other |
| How many dogs live in your household? O 1 |
| 02 |
| O 3 O 4 |
| O 5 or more |
| How many cats live in your household? O 1 |
| 02 |
| 03 |
| O 4 O 5 or more |
| How much time do you spend most weekdays actively walking with your dog(s)? (Total for the day) |
| O None |
| O 1 - 14 minutes |
| O 15 - 29 minutes O 30 - 59 minutes |
| O 1 - 1.5 hours |
| O 1.5 - 2 hours |
| O Over 2 hours per day How much time do you spend most weekend days actively walking with your dog(s)? (Total for the day) |
| O None |
| O 1 - 14 minutes |
| O 15 - 29 minutes O 30 - 59 minutes |
| O 1 - 1.5 hours |
| O 1.5 - 2 hours O Over 2 hours per day |
| Thinking about the animal(s) that you spend the most time with, to what extent do you agree or disagree with th following statements? |
| I consider my animal a friend. |
| O Strongly disagree |
| O Disagree |
| O Agree O Strongly agree |
| I talk to my animal. |
| O Strongly disagree |

Your pregnant spouse/partner is eligible to participate in our GUTS Parental Health Sub-study. Participation involves

| 2021 | GUTS 2021 Male REDCap |
|---|-------------------------|
| O Disagree | |
| O Agree | |
| O Strongly agree | |
| Owning an animal adds to my happiness. | |
| Owning arranimar adds to my happiness. | |
| O Strongly disagree | |
| O Disagree | |
| O Agree | |
| O Strongly agree | |
| I talk to others about my animal. | |
| Ttalk to others about my animal. | |
| O Strongly disagree | |
| O Disagree | |
| O Agree | |
| O Strongly agree | |
| I often play with my animal. | |
| Torteri piay with my animai. | |
| O Strongly disagree | |
| O Disagree | |
| O Agree | |
| O Strongly agree | |
| | |
| My animal is considered part of the family. | |
| O Strongly disagree | |
| O Disagree | |
| O Agree | |
| O Strongly agree | |
| Comments: | |
| Comments. | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |

Biosample Collection

O No O Maybe

Would you be interested in being invited to participate in collections of the following biological samples?

We are just gauging interest at this time. Participants in these studies will be sent all the information and supplies necessary to provide and ship the samples.

A blood sample drawn at a clinical location O No O Maybe O Yes, probably O Yes, definitely A urine sample O No O Maybe O Yes, probably O Yes, definitely A sample of your stool (used to study your gut bacteria/microbiome) O No O Maybe O Yes, probably O Yes, definitely Swabbing inside your mouth to obtain DNA O No O Maybe O Yes, probably O Yes, definitely A blood sample where you would prick your finger at home and apply a droplet of blood to a card

| O Yes, probably O Yes, definitely |
|---|
| A semen sample by mail |
| O No |
| O Maybe |
| O Yes, probably |
| O Yes, definitely |
| Comment |
| This is the final page in this questionnaire. Please enter any comments you have. |
| |
| |
| |
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| |